

Educaterers Lunch Menu Week 1 – w/c 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

Meat Free Monday



or



(v) Quorn Dippers G.D.E. (v) Veg Korma with Oumph SB.M.D.E.

Oumph the Chunk is a tasty plant based alternative to chicken

Tuesday



or



Pork Sausages G.SU.

(vg) Plant Power Balls

Wednesday



or



British Roast Chicken, Stuffing G.

(vg) Quorn Roast G.
Optional Stuffing G.

Thursday



or



Pasta Bolognese G/Cheese D.

(vg) Veggie Hot Dog G.

Friday



or



Salmon Fishcake F.G.SB.

(v) Rustic Cheese & Tomato Pizza D.G.

or



(v) Cheddar Cheese G.D.

or



British Roast Chicken G.

or



Tuna Mayonnaise F.E.G.

or



British Ham G.

or



(v) Cheddar Cheese D.

Week 1 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.) or
fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack G.
with Apple Slices

Tuesday

(v) Chocolate Swirl Mousse D.

Wednesday

(v) Homemade Strawberry Slice G.

Thursday

(vg) Homemade Jammy Cookie G.

Friday

(v) Homemade School Favourite Iced Sponge
with Fruit G.E.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown in the photographs.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.