

Meat Free Monday



(v) Quorn Sausage Pattie D.E.G.



(v) Mac 'n' Cheese G.D.



Egg Mayonnaise G.E.

Tuesday



Chicken Pie G.D.



(v) Quorn Dippers G.D.E.
Creamy Curry Sauce M.D.E.



British Ham G.

Wednesday



Roast Beef in Gravy, York Pud D.E.G.



(vg) Quorn Roast G.
(v) Yorkshire Pudding D.E.G.



British Roast Chicken G.

Thursday



Pork Meatballs G.SU.



(v) Vegetable Burrito Bake G.D.



Tuna Mayonnaise F.E.

Friday



Breaded Fish Fillet F.



(vg) Breaded Vegetable Fingers G.



(v) Cheddar Cheese G.D.

Week 2 Dessert Menu

Every day we offer:
(v) Yoghurt, (D.)
or fresh fruit as alternative dessert options

Monday
(vg) Homemade Chocolate Cracknel

Tuesday
(vg) Homemade Shortbread G.
with Fresh Fruit Wedges

Wednesday
(v) Ice Cream Tub D.

Thursday
(v) Homemade Iced Pineapple Cake G.E.

Friday
Jelly with Fruit

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown.

PLEASE NOTE some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

Key

- vg = vegan
- V = vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

